

This form must be completed and returned to the MHSА no later than Dec. 21, 2011.

Form WR #2
One copy of this form
must be sent to
MHSА
1 S. Dakota
Helena, MT 59601



Montana High School Association Wrestling Squad Weight Certification

I hereby certify that I have on file Form WR#1 and have listed below the lowest weight that each student may wrestle on WR#1 information.

Name of school _____	Date _____ *
Signature of Superintendent or Principal _____	

* Upon completion of the WR#1, this form must be completed and sent to the MHSА office within 35 calendar days of the wrestler's first practice. A student who joins the team less than 30 calendar days prior to divisional or seeding tournaments must have a WR#1 completed and a WR#2 sent to the MHSА office prior to the tournament.

Name of Wrestler (last, first)	Lowest Weight (certified to wrestle)	Actual Weight (beginning of season)	Body Fat
1. _____	_____	_____	_____ %
2. _____	_____	_____	_____ %
3. _____	_____	_____	_____ %
4. _____	_____	_____	_____ %
5. _____	_____	_____	_____ %
6. _____	_____	_____	_____ %
7. _____	_____	_____	_____ %
8. _____	_____	_____	_____ %
9. _____	_____	_____	_____ %
10. _____	_____	_____	_____ %
11. _____	_____	_____	_____ %
12. _____	_____	_____	_____ %
13. _____	_____	_____	_____ %
14. _____	_____	_____	_____ %
15. _____	_____	_____	_____ %
16. _____	_____	_____	_____ %

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Name of Wrestler (last, first)	Lowest Weight (certified to wrestle)	Actual Weight (beginning of season)	Body Fat
17. _____	_____	_____	_____ %
18. _____	_____	_____	_____ %
19. _____	_____	_____	_____ %
20. _____	_____	_____	_____ %
21. _____	_____	_____	_____ %
22. _____	_____	_____	_____ %
23. _____	_____	_____	_____ %
24. _____	_____	_____	_____ %
25. _____	_____	_____	_____ %
26. _____	_____	_____	_____ %
27. _____	_____	_____	_____ %
28. _____	_____	_____	_____ %
29. _____	_____	_____	_____ %
30. _____	_____	_____	_____ %
31. _____	_____	_____	_____ %
32. _____	_____	_____	_____ %
33. _____	_____	_____	_____ %
34. _____	_____	_____	_____ %
35. _____	_____	_____	_____ %
36. _____	_____	_____	_____ %
37. _____	_____	_____	_____ %
38. _____	_____	_____	_____ %
39. _____	_____	_____	_____ %
40. _____	_____	_____	_____ %
41. _____	_____	_____	_____ %
42. _____	_____	_____	_____ %
43. _____	_____	_____	_____ %
44. _____	_____	_____	_____ %
45. _____	_____	_____	_____ %
46. _____	_____	_____	_____ %
47. _____	_____	_____	_____ %
48. _____	_____	_____	_____ %