



MONTANA HIGH SCHOOL ASSOCIATION
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2010 Track and Field Rules Changes

- 3-2-4g New NOTE:** All areas designated for the coaches to observe and confer with competitors shall be clearly marked and identified by the host meet management.
- 3-2-7** Video replay or television monitoring equipment, other than the official equipment approved by the games committee prior to the start of competition, shall not be used to make decisions related to the meet.
- 3-17-2** . . . and finish. In all races that require a wind reading, the anemometer shall be set 50 meters from the finish line, and for the long jump and triple jump, 20 meters from the foul line. It shall face...
- 4-5-8e:** e. Communicating with a competitor through the use of any device.
- 5-6-3:** All heats and/or sections shall use the same starting procedure.
- 5-13-2b** b. Knocks down any hurdle by hand
- 6-5-5** A 34.92-degree sector shall be marked on the ground. Radial lines 2 inches (5 centimeters) wide shall extend from the center of the circle to form an area into which legal puts shall be made. The inside edges of these lines shall mark the sector, and the lines shall be placed equidistance from the ends of the stopboard.
- 7-2-11 New NOTE:** A bungee cord manufactured for use in the high jump and pole vault may be used during warm-ups, as approved by the games committee.
- 7-4-6, 7-5-11
New NOTE:** Effective January 1, 2013, the crossbar shall be circular. Square with beveled edges or triangular crossbars shall no longer be legal for competition.
- 7-5-4** A competitor shall not use a variable weight pole, a pole which is improperly marked, a pole rated below his/her weight, or any other equipment which is not legal during warm-up or competition.
- 7-5-29g** Deleted letter g, "clears the crossbar with the uprights positioned incorrectly."

Major Editorial Changes

4-3-3, 4-5-9, 6-3-2a, 7-5-3

Points of Emphasis

1. Coaching Box
2. Pole Vault
3. Games Committee Responsibilities
4. Contestant/Competitor
5. Application of "Design of Uniform" for Relays and Cross Country