

Montana High School Sports Record Book

Updated 12/15/2011

GIRLS' TRACK AND FIELD TEAM MOST STATE CHAMPIONSHIPS

| All-Time | | |
|-----------------|----------------------------|--|
| 18 | Flathead (Kalispell) | 1969-71, 73, 1977-79, 88-89, 1991-95, 98, 99, 02, 05 |
| 10 | Harlowton | 1975, 1977-80, 1998-02 |
| 8 | Custer County (Miles City) | 1976, 77, 80, 85, 86, 90, 96, 01 |
| 6 | Seeley-Swan | 1973, 81, 1983-86 |
| 6 | Billings West | 1972, 1974-76, 82, 06 |
| 5 | Cascade | 1969-71, 76, 95 |
| 5 | Belgrade | 2002, 06-09 |
| 4 | Arlee | 1977-80 |
| 4 | Malta | 1998, 99, 00 |
| 4 | Bozeman | 2001, 03, 04, 07 |
| 4 | Big Sandy | 2006-09 |

(57 schools have won at least one State Championship)

| Consecutive | | |
|--------------------|----------------------|---------|
| 5 | Flathead (Kalispell) | 1991-95 |
| 5 | Harlowton | 1998-02 |
| 4 | Arlee | 1977-80 |
| 4 | Harlowton | 1977-80 |
| 4 | Seeley-Swan | 1983-86 |
| 4 | Big Sandy | 2006-09 |
| 4 | Belgrade | 2006-09 |
| 3 | Flathead (Kalispell) | 1969-71 |
| 3 | Cascade | 1969-71 |
| 3 | Billings West | 1974-76 |
| 3 | Flathead (Kalispell) | 1977-79 |
| 3 | Butte Central | 1981-83 |
| 3 | Billings Central | 1993-95 |
| 3 | Colstrip | 1997-99 |
| 3 | Geraldine | 2003-05 |

(16 schools have won two consecutive Championships)

INDIVIDUAL

Points Awarded - 1969-89--First-6, Second-4, Third-3, Fourth-2, Fifth-1

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| | | | |
|-------|-------------------|----------------------|------|
| 29.5 | Lexie Miller | Flathead (Kalispell) | 1979 |
| 27 | Kris Schmidt | Great Falls | 1985 |
| 25.75 | Penny Pagett | Seeley-Swan | 1984 |
| 25.5 | Denise Pidcock | Great Falls CMR | 1980 |
| 25.5 | Kris Schmidt | Great Falls | 1983 |
| 25.5 | Tami Mathewson | Butte Central | 1986 |
| 25.5 | Claudine Robinson | Missoula Hellgate | 1989 |
| 24.25 | Veronica Peterson | Cut Bank | 1988 |
| 23.75 | Leslie Winslow | Libby | 1977 |
| 23.5 | Denise Pidcock | Great Falls CMR | 1981 |
| 23.5 | Heidi Hemmert | Butte | 1987 |

Points Awarded - 1990--First-10, Second-8, Third-6, Fourth-4, Fifth-2, Sixth-1

| | | | |
|------|---------------------|---------------------|------|
| 55 | Loni Perkins | Conrad | 2002 |
| 55 | Toni Quenell | Geraldine | 2004 |
| 53 | Erin Jones | Harlowton | 2001 |
| 53 | Loni Perkins | Conrad | 2003 |
| 52.5 | Toni Quenell | Geraldine | 2005 |
| 52.5 | Kourtney Danreuther | Big Sandy | 2008 |
| 51 | Jennifer Walter | Huntley Project | 2007 |
| 50 | Blythe Hommes | Manhattan Christian | 1993 |
| 50 | Lindsey Hall | Missoula Big Sky | 2009 |
| 49 | Toni Quenell | Geraldine | 2003 |

Four-Time State Champions

| | | | |
|---------|-------------------|---------------------------------------|-------------|
| 1970-73 | Debbie Hileman | Whitefish | 100 yd Dash |
| 1976-79 | Judith Wildey | Hamilton | 440 yd Dash |
| 1976-79 | Janie Glenny | Harlowton | Shot Put |
| 1979-82 | Teri Holzworth | Richey | 400m Dash |
| 1981-84 | Penny Pagett | Seeley-Swan | 100m HH |
| 1987-90 | Tanya Tesar | Columbia Falls | 300m LH |
| 1987-90 | Tanya Tesar | Columbia Falls | Long Jump |
| 1987-90 | Katie Rued | Froid | Javelin |
| 1992-95 | Emily Nay | Helena Capital | 1600m Run |
| 1992-95 | Emily Nay | Helena Capital | 3200m Run |
| 1994-97 | Elizabeth Roodell | Lincoln Co. (Eureka) | 1600m Run |
| 1995-98 | Shannon Agee | Helena | Pole Vault |
| 1996-99 | Kari Wilson | Powell Co (Deer Lodge)-Shields Valley | Pole Vault |
| 1998-01 | Erin Jones | Harlowton | Int Hurdles |
| 1999-02 | Cody Halsey | Harlowton | 800m Run |
| 2001-04 | Kasey Harwood | Polson | Int Hurdles |

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| | | | |
|---------|------------------|-----------------|------------|
| 2004-07 | Jennefer Walter | Huntley Project | 100m Dash |
| 2004-07 | Jennefer Walter | Huntley Project | 300m LH |
| 2004-07 | Marissa Tschida | Missoula Loyola | Javelin |
| 2007-10 | Amber Amsbaugh | Big Sandy | High Jump |
| 2008-11 | Deni Fitzpatrick | Cut Bank | 100 M Dash |
| 2008-11 | Deni Fitzpatrick | Cut Bank | 200 M Dash |

Three-Time State Champions

| | | | |
|--------------|-------------------|----------------------------|-------------|
| 1969-71 | Mary Lalum | Flathead (Kalispell) | Long Jump |
| 1971-73 | Julie Brown | Billings Senior | 880 yd Run |
| 1971-73 | Debbie Hileman | Whitefish | 220 yd Dash |
| 1973-75 | Pam Spencer | Great Falls | High Jump |
| 1974-76 | Laurie Adams | Helena | Mile Run |
| 1974-76 | Vicky Sturn | Billings West | Long Jump |
| 1974-76 | Robin Hutton | Custer Co. (MilesCity) | 110 yd LH |
| 1974-76 | Kathy Estes | Granite Co. (Philipsburg) | MileRun |
| 1975-77 | Fran Peterson | Alberton | Long Jump |
| 1976-78 | Leslie Winslow | Libby | 110 yd LH |
| 1977-79 | Mary Osborne | Billings West | Javelin |
| 1977-79 | Laurie Holm | Missoula Sentinel | Mile Run |
| 1977-79 | Sandy Heater | Thompson Falls | Long Jump |
| 1978-80 | Lisa Budge | Harlowton | 100 yd Dash |
| 1979-81 | Denise Pidcock | Great Falls CMR | 400m Dash |
| 1979-81 | Darcy Tucker | Arlee | 100m Dash |
| 1979-81 | Darcy Tucker | Arlee | 200m Dash |
| 1980, 82, 83 | Paula Good | Fort Benton | 100m Dash |
| 1980, 82, 83 | Paula Good | Fort Benton | 200m Dash |
| 1981-83 | Kari Shepherd | Helena | High Jump |
| 1983-85 | Rachel Skinner | Great Falls | 800m Run |
| 1983-85 | Kathy Jarvis | Havre | 1600m Run |
| 1983-85 | Kathy Jarvis | Havre | 3200m Run |
| 1984-86 | Alane Schwartz | Dutton | High Jump |
| 1986-88 | Kim Sullivan | Anaconda | 800m Run |
| 1986-88 | Veronica Peterson | Cut Bank | 400m Dash |
| 1986-88 | Veronica Peterson | Cut Bank | 300m LH |
| 1986, 88, 89 | Tami Mathewson | Butte Central - Butte High | Long Jump |
| 1988-90 | Brenda Wilken | Broadview | High Jump |
| 1988, 90, 91 | Monica VanMaanen | Ronan | 100m Dash |
| 1988, 90, 91 | Monica VanMaanen | Ronan | 200m Dash |
| 1990-92 | Darcee Gilbert | Belgrade | 3200m Run |
| 1990-92 | Paula Berry | Sweetgrass Co. (BigTimber) | 100m HH |

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| | | | |
|--------------|----------------------|----------------------------|-------------|
| 1990-92 | Paula Berry | Sweetgrass Co. (BigTimber) | 300m LH |
| 1990-92 | Kari Peters | Fromberg | Shot Put |
| 1991-93 | Natalie Brager | Missoula Hellgate | Javelin |
| 1991-93 | Larry Jo Christensen | Plains | Shot Put |
| 1991-93 | Skyla Sisco | Malta | High Jump |
| 1990, 91, 93 | Cathy Schwend | Bridger-BillingsWest | 100m HH |
| 1992-94 | Michelle Henderson | Billings West | 100m Dash |
| 1992-94 | Michelle Henderson | Billings West | 200m Dash |
| 1992-94 | Christy Otte | Billings Central | 200m Dash |
| 1992-94 | Christy Otte | Billings Central | 400m Dash |
| 1992-94 | Janet Claypool | Sheridan | High Jump |
| 1993-95 | Jennifer McMillan | Fergus Co. (Lewistown) | 100m HH |
| 1993, 94, 96 | Jennifer McMillan | Fergus Co. (Lewistown) | 300m LH |
| 1995-97 | Andy Garreffa | Colstrip | 200m Dash |
| 1995-97 | Sarah Griffin | Darby | Discus |
| 1997-99 | Lisa Angell | Colstrip | 800m Run |
| 1997-99 | Muffy Schmidt | Custer Co. (Miles City) | 3200m Run |
| 1997-99 | Emily Alspaugh | Arlee-Missoula Hellgate | 400m Dash |
| 1998-00 | Stacey Rebbein | Sidney | 100m Dash |
| 1998-00 | Stacey Rebbein | Sidney | 200m Dash |
| 1998-00 | Leila Ben-Youssef | Sidney | Pole Vault |
| 1998-00 | Bree Fuqua | Polson | Discus |
| 1998-00 | Erin Jones | Harlowton | Triple Jump |
| 1999-01 | Erin Jones | Harlowton | 100m HH |
| 1999-01 | Angela Ostberg | Fairfield | 400m Dash |
| 2000-02 | Heidi Lane | Great Falls CMR | 1600m Run |
| 2000-02 | Heidi Lane | Great Falls CMR | 3200m Run |
| 2000-02 | Brianne Schmidt | Custer Co. (Miles City) | 800m Run |
| 2000-02 | Carlee Clark | Bozeman | 400m Dash |
| 2001-03 | Kelsey Kirkpatrick | Ryegate | Triple Jump |
| 2001-03 | Kim Berg | Kremlin-Gilford | Javelin |
| 2001, 03, 04 | Kylee Zent | Bridger | Discus |
| 2002-04 | Kylee Zent | Bridger | Shot Put |
| 2002-04 | Kasey Harwood | Polson | 400m Dash |
| 2003-05 | Zoe Nelson | Flathead (Kalispell) | 1600m Run |
| 2003-05 | Zoe Nelson | Flathead (Kalispell) | 3200m Run |
| 2003-05 | Jayne Larson | Opheim | 800m Run |
| 2003-05 | Amber Aikins | Cut Bank | Triple Jump |
| 2003-05 | Toni Qunell | Geraldine | 100m Dash |
| 2003-05 | Toni Qunell | Geraldine | 200m Dash |
| 2003-05 | K. C. McGowan | Missoula Big Sky | Pole Vault |

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| | | | |
|--------------|---------------------|---------------------------|--------------|
| 2003, 05, 06 | Jacque Mellinger | Power | Pole Vault |
| 2004-06 | Anne Brooks | Helena | Javelin |
| 2004-06 | Ashley Grammens | Broadview/Lavina | Triple Jump |
| 2004-06 | Shannon Flynn | Broadwater Co. (Townsend) | 800m Run |
| 2004-06 | Shannon Flynn | Broadwater Co. (Townsend) | 1600m Run |
| 2004-06 | Jessa Linfors | Seeley Swan | High Jump |
| 2004, 06, 07 | Jennifer Walters | Huntley Project | 200m Dash |
| 2004, 06, 07 | Jennifer Walters | Huntley Project | 400m Dash |
| 2006-08 | Jessica Leslie | Billings West | Long Jump |
| 2006-08 | Melissa Jenkins | Missoula Big Sky | 200m Dash |
| 2006-08 | Melissa Jenkins | Missoula Big Sky | 400m Dash |
| 2006-08 | Kourtney Danreuther | Big Sandy | 200m Dash |
| 2006-08 | Kourtney Danreuther | Big Sandy | 300m LH |
| 2006, 07, 09 | Kourtney Danreuther | Big Sandy | 400m Dash |
| 2007-09 | Katie Niemeir | Florence Carlton | 100m Hurdles |
| 2008-10 | Alexa Aragon | Billings Senior | 1600m Run |
| 2008-10 | Kellee Glaus | Whitehall | Triple Jump |
| 2008-10 | Taylor McNally | Ennis | Shot Put |
| 2008-10 | Taylor McNally | Ennis | Discus |
| 2009-11 | MacKenzie O'Dore | Joliet | 1600m Run |

Most State Championships

| | | | |
|----|---|------------------|---------|
| 17 | Toni Quenell 100-3, 200-3, 1600R-3, HH-2, IH-2, 400-2, 400R-2 | Geraldine | 2003-05 |
| 16 | Jennifer Walter 100-4, IH-4, 200-3, 400-3, 400R-2 | Huntley Project | 2004-07 |
| 16 | Kourtney Danreuther 200-3, IH-3, 400-3, HH-2, 1600R-2, LJ-1, 800-2 | Big Sandy | 2006-09 |
| 15 | Erin Jones HH-3, IH-4, TJ-3, LJ-2, 100-1, 400R-1, 1600R-1 | Harlowton | 1998-01 |
| 13 | Christy Otte 200-3, 400-3, 1600 Relay-3, 100-2, 400 Relay-2 | Billings Central | 1992-94 |
| 13 | Denise Pidcock 440-3, LJ-2, 1600 Relay-2, 800-1, 100-2, 220-1, 880 Medley Relay-1, 440 Relay-1 | Great Falls CMR | 1979-81 |
| 13 | Mariah Guilfoyle HH-3, IH-3, 200-3, 100-2, 400R-2 | Malta | 1998-00 |
| 13 | Cody Halsey 800-4, 1600R-3, 400-2, 400R-2, 100-1, 200-1 | Harlowton | 1999-02 |
| 13 | Loni Perkins 100-2, 200-2, 400-2, LJ-2, HJ-1, 400R-2, 1600R-2 | Conrad | 2002-03 |
| 13 | Kasey Harwood | Polson | 2001-04 |

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IH-4, 400-3, 1600R-3, 800-1, HH-1, TJ-1

Most Career State Medals

| | | | |
|----|--|-----------------------------|---------|
| 24 | Loni Perkins 200-4, 400-4, 1600Relay-4, HJ-4, 400Relay-3, 100-2, LJ-2, TJ-1 | Conrad | 2000-03 |
| 24 | Toni Quenell 100-4, 200-4, 1600Relay-4, 400-3, IH-3, HH-3, 400Relay-3 | Geraldine | 2002-05 |
| 23 | Kourtney Danreuther 100-1, 200-4, IH-4, 1600Relay-3, 400-4, 800-2, HH-2, 400Relay-1, LJ-2 | Big Sandy | 2006-09 |
| 22 | Erin Jones HH-4, IH-4, 100-3, TJ-4, LJ-2, 200-2, 400Relay-1, 1600Relay-2 | Harlowton | 1998-01 |
| 21 | Jennifer Walter 100-4, 200-4, 400-4, IH-4, 400Relay-2, HH-2, 1600Relay-1 | Huntley Project | 2004-07 |
| 21 | Jessica Leslie LJ-4, HJ-4, 100-2, 200-3, 400-1, 400 Relay-3, 1600 Relay-4 | Billings West | 2005-08 |
| 20 | Cody Halsey 800-4, 400-4, 1600Relay-4, 200-3, 400Relay-4, 100-1 | Harlowton | 1999-02 |
| 19 | Penny Pagett HH-4, IH-4, 400 Relay-4, 200-3, 100-2, 1600 Relay-2 | Seeley-Swan | 1981-84 |
| 19 | Paula Berry HH-4, IH-4, 200-3, LJ-1, 100-1, 1600 Relay-2, 400 Relay-4 | Sweetgrass Co. (Big Timber) | 1989-93 |
| 19 | Christy Otte 100-4, 200-4, 400-4, 1600 Relay-4, 400 Relay-3 | Billings Central | 1991-94 |
| 19 | Kasey Harwood IH-4, 400-4, TJ-3, HH-3, 1600Relay-3, 800-1, 400Relay-1 | Polson | 2001-04 |
| 19 | Amber Aikins TJ-4, HH-4, IH-4, LJ-3, 400Relay-3, HJ-1 | Cut Bank | 2002-05 |

*The original "INTERSCHOLASTIC" Track Meet was organized by Dr. JP Rowe in 1904. Dr. Rowe was a Geology Professor at Montana State University (now the University of Montana) in Missoula.

**To make it easier for the average person to read these lists, we have used the Fully Automatic Timing conversion sequence for all the running events that were hand timed. If the time shown in hundredths at the front of the line is followed by an asterisk, then the time was registered with manual timing. If the time doesn't have an asterisk, then the time was registered by a Fully Automatic Timing Device. National rules dictate that all hand times must first be rounded up to the next tenth of a second and then increased by 0.24 seconds. An example would be a hand time of 10.51 seconds changing to 10.6 and then adding 0.24 seconds to make the official converted FAT time 10.84 seconds.

***All of these performances were accomplished by Montana athletes who were in good standings with their high schools at the time of their performance. This includes those meets during the winter and summer as well as those meets during the regular spring track season.

The following is a listing of the top ten performance by a individual or a relay team at a Montana Meet. Each athlete is entered only once. Indoor, Out of State, Wind-aided and non MHSA Meet are also recorded in a separate section below the top ten list,

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at which time an athlete may be entered again.

100-Meter Dash (Wind gauge readings were not reported for some of these performances)

| | | | |
|--------|---|-------------------|------|
| 12.04* | Christy Otte - Billings Central | Top Ten Billings | 1993 |
| 12.14* | Michelle Henderson - Billings West | Top Ten Billings | 1993 |
| 12.24 | Stacey Rehbein - Sidney | State Butte | 1998 |
| 12.32 | Jennifer Walter - Huntley Project | State Butte | 2007 |
| 12.34* | Tori Brubaker - Powell Co. (Deer Lodge) | 4B Dis Helena | 1988 |
| 12.35 | Andy Garreffa - Billings Central | State Great Falls | 1997 |
| 12.35 | Loni Perkins - Conrad | State Helena | 2003 |
| 12.37 | Britney Rolston - Forsyth | State Billings | 1989 |
| 12.41 | Christi Weyer - Great Falls | E AA Div Billings | 1988 |
| 12.41 | Claudine Robinson - Missoula Hellgate | State Billings | 1989 |

100-Meter Dash (Out of State, Indoor, Wind-aided and Meet of Champions)

| | | | |
|----------|-------------------------------|--------------------------|------|
| 12.04* W | Sue LaBrie - Malta | Top Ten Glasgow | 1993 |
| 12.14* | Paula Good - Fort Benton | M of C Great Falls | 1982 |
| 12.27 W | Courtney Ferda - Whitefish | Top Ten Missoula | 2004 |
| 12.27 W | Shani Sullivan - Butte | State Butte | 2007 |
| 12.31 W | Autumn Domitrovich - Anaconda | Top Ten Missoula | 2004 |
| 12.34 W | Haley Sobrero - Columbus | Top Ten Laurel | 2010 |
| 12.34 W | Deni Fitzpatrick - Cut Bank | Cal Wearley Inv. (Havre) | 2011 |

*Converted to Fully Automatic Time

200-Meter Dash (Wind gauge readings were not reported for some of these performances)

| | | | |
|--------|---------------------------------------|----------------|------|
| 24.64* | **Vicky Sturn - Billings West | State Billings | 1975 |
| 24.81 | Loni Perkins - Conrad | State Helena | 2003 |
| 24.81 | Paig Squire - Corvallis | ABC Polson | 2011 |
| 24.82 | Christi Weyer - Great Falls | State Helena | 1988 |
| 24.96 | **Denise Pidcock - Great Falls CMR | Butte Inv | 1979 |
| 24.98 | Christy Otte - Billings Central | State Butte | 1994 |
| 24.99 | **Shelly Paterson - Missoula Hellgate | W AA Div Butte | 1979 |
| 25.01 | Mariah Guilfoyle - Malta | State Butte | 2000 |
| 25.06 | **Lexie Miller - Flathead (Kalispell) | W AA Div Butte | 1978 |
| 25.10 | Michelle Henderson - Billings West | State Missoula | 1993 |

*Converted to Fully Automatic Time

**Established at English Disance.

400-Meter Dash

| | | | |
|-------|-----------------------|--------------|------|
| 54.62 | Loni Perkins - Conrad | State Helena | 2003 |
|-------|-----------------------|--------------|------|

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|--------|------------------------------------|-------------------|------|
| 55.73 | Carlee Clark - Bozeman | E AA Div Bozeman | 2003 |
| 56.33 | Angela Ostberg - Fairfield | State Great Falls | 2001 |
| 56.54* | **Denise Pidcock - Great Falls | State Missoula | 1980 |
| 56.54 | Chantelle Grey - Missoula Sentinel | State Kalispell | 2009 |
| 56.74* | **Sally Stenehjelm - Billings West | E AA Div Helena | 1976 |
| 56.74* | Kasey Harwood - Polson | ABC Polson | 2004 |
| 56.74 | Kourtney Danreuther - Big Sandy | State Missoula | 2007 |
| 56.80 | Melissa Jenkins - Missoula Big Sky | State Butte | 2007 |
| 56.91 | Sandi Henderson - Corvallis | State Missoula | 2011 |

*Converted to Fully Automatic Time

**Established at English Distance

800-Meter Run

| | | | |
|----------|---|-------------------|------|
| 2:11.10 | Carlee Clark - Bozeman | State Helena | 2003 |
| 2:11.24* | **Julie Brown - Billings Senior | State Billings | 1973 |
| 2:11.40 | Danielle Aragon - Billings Senior | E AA Div Bozeman | 2011 |
| 2:12.24* | Kourtney Danreuther-Big Sandy | 9C District Havre | 2008 |
| 2:12.41 | Alexa Aragon - Billings Senior | State Kalispell | 2009 |
| 2:13.00 | Kasey Harwood - Polson | State Butte | 2003 |
| 2:13.04 | Keli Dennehy - Butte | State Kalispell | 2009 |
| 2:13.67 | Brianne Schmidt - Custer Co. (Miles City) | State Missoula | 2003 |
| 2:14.29 | Bridgett Hoenke - Billings Senior | State Butte | 2007 |
| 2:14.86 | Bobbi Knutson - Malta | State Kalispell | 2009 |

800-Meter Run (Out of State, Indoor and Meet of Champions)

| | | | |
|----------|---------------------------------|-------------------------|------|
| 2:08.04* | **Julie Brown - Billings Senior | National AAU Irvine, CA | 1973 |
| 2:12.84 | Kasey Harwood - Polson | Arcadia California Inv. | 2004 |

*Converted to Fully Automatic Time

**Established at English Distance

1600-Meter Run

| | | | |
|----------|--|-------------------------------|------|
| 4:55.04 | Zoe Nelson - Flathead (Kalispell) | Flathead-Libby Dual Kalispell | 2004 |
| 4:55.18 | Heidi Lane - Great Falls CMR | State Butte | 2002 |
| 4:57.08 | Danielle Aragon - Billings Senior | Butte Quad | 2011 |
| 4:58.94* | **Laurie Holm - Missoula Sentinel | W AA Div Missoula | 1979 |
| 5:00.93 | Sabrina Monroe - Jefferson Co. (Boulder) | S B Div Billings | 1998 |
| 5:01.44* | **Lori Krull - Libby | State Missoula | 1980 |
| 5:01.85 | Keli Dennehy - Butte | Butte Triangular | 2010 |
| 5:02.14* | Chris Hoth - Billings West | State Missoula | 1980 |
| 5:02.41 | Alexa Aragon-Billings Senior | State Helena | 2008 |

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| | | | |
|---------|-----------------------------|------------------|------|
| 5:02.63 | Caitlin Stone - Seeley Swan | W B Div Missoula | 2007 |
|---------|-----------------------------|------------------|------|

1600-Meter Run (Out of State, Indoor and Meet of Champions)

| | | | |
|----------|----------------------|--------------------|------|
| 4:58.54* | Kathy Jarvis - Havre | M of C Great Falls | 1984 |
|----------|----------------------|--------------------|------|

*Converted to Fully Automatic Time

**Established at English Distance

3200-Meter Run

| | | | |
|-----------|--|-----------------------------|------|
| 10:26.18 | Zoe Nelson - Flathead (Kalispell) | State Missoula | 2004 |
| 10:42.25 | Heidi Lane - Great Falls CMR | E AA Div Great Falls | 2002 |
| 10:46.12 | Sabrina Monroe - Jefferson Co. (Boulder) | State Missoula | 1998 |
| 10:50.54* | **Laurie Holm - Missoula Sentinel | State Billings | 1979 |
| 10:52.24* | Kathy Jarvis - Havre | W AA Div Missoula | 1984 |
| 10:53.36 | Caitlin Stone - Seeley Swan | W. B Div Missoula | 2008 |
| 10:56.20 | Keli Dennehy - Butte | Billings Skyview Triangular | 2010 |
| 10:59.37 | Elisabeth Driscoll - Bozeman | State Missoula | 2004 |
| 11:00.36 | Whitney Wilson - Missoula Hellgate | W AA Div Kalispell | 2004 |
| 11:00.67 | Paige Gilchrist - Missoula Hellgate | Top Ten Missoula | 2011 |

3200-Meter Run (Out of State, Indoor and Meet of Champions)

| | | | |
|----------|----------------------------|-------------------------|------|
| 10:38.20 | Emily Nay - Helena Capital | Arcadia, California Inv | 1995 |
|----------|----------------------------|-------------------------|------|

*Converted to Fully Automatic Time

**Established at English Distance

Intermediate Hurdles

| | | | |
|-------|---------------------------------------|--------------------|------|
| 43.34 | Mariah Guilfoyle - Malta | State Butte | 2000 |
| 43.54 | Paula Payne - Great Falls CMR | State Butte | 1981 |
| 43.55 | Margee Huber - Libby | State Butte | 1981 |
| 43.68 | Kourtney Danreuther - Big Sandy | State Helena | 2006 |
| 43.72 | Paige Squire - Corvallis | SW A Div Corvallis | 2011 |
| 43.79 | Blythe Hommes - Manhattan Christian | State Great Falls | 1993 |
| 43.87 | Heidi Hemmert - Butte | State Great Falls | 1987 |
| 43.87 | Krista Jimenez - Flathead (Kalispell) | State Missoula | 2004 |
| 43.95 | Jennifer Harlan - Missoula Sentinel | State Helena | 1984 |
| 43.97 | Kris Schmidt - Great Falls | State Helena | 1985 |

High Hurdles (Wind gauge readings were not reported for some of these performances)

| | | | |
|-------|---------------------------------------|-------------------|------|
| 14.34 | Claudine Robinson - Missoula Hellgate | State Billings | 1989 |
| 14:43 | Paige Squire - Corvallis | ABC Polson | 2011 |
| 14.47 | Lindsey Hall-Missoula Big Sky | W AA Div Missoula | 2009 |

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|--------|----------------------------------|-------------------|------|
| 14.64* | Kris Schmidt - Great Falls | Dual Great Falls | 1985 |
| 14.64 | Kalindra McFadden - Belgrade | State Missoula | 2003 |
| 14.67 | Liz Harper - Missoula Sentinel | State Butte | 2011 |
| 14.69 | Paula Payne - Great Falls CMR | State Butte | 1981 |
| 14.71 | Jenny Schultz - Billings Skyview | E AA Div Billings | 1988 |
| 14.72 | Margee Huber - Libby | State Butte | 1981 |
| 14.77 | Kasey Harwood - Polson | State Missoula | 2003 |

High Hurdles (Out of State, Indoor, Wind-aided and Meet of Champions)

| | | | |
|---------|---------------------------------|--------------------------|------|
| 14.40 | Lindsey Hall - Missoula Big Sky | Golden West - Folsom, CA | 2009 |
| 14.68 W | Erin Jones - Harlowton | State Bozeman | 2000 |

*Converted to Fully Automatic Time

Pole Vault

| | | | |
|--------|--|----------------------------|------|
| 13' 2" | Shannon Agee - Helena | Helena City Dual | 1998 |
| 12' 6" | Suzanne Krings - Helena Capital | CMR Dual in Helena | 1998 |
| 12' 6" | Courtney Kosovich - Billings Senior | Dual Great Falls | 2007 |
| 12' 4" | Leila Ben-Youssef - Sidney | State Butte | 2000 |
| 12' 4" | K. C. Dahlgren - Missoula Big Sky | State Bozeman | 2005 |
| 12' 3" | Melinda Owen - Polson | Archie Roe Kalispell | 2003 |
| 12' 1" | Julie Penner - Helena | Great Falls Dual in Helena | 2000 |
| 12' 0" | Sarah Lenocho - Flathead (Kalispell) | State Great Falls | 2001 |
| 11' 8" | Alex May-Fraser - Helena | W AA Div Butte | 2006 |
| 11' 6" | Katie Mattingly - Butte | State Butte | 2002 |
| 11' 6" | Michelle Transtal - Flathead (Kalispell) | Archie Roe Kalispell | 2000 |
| 11' 6" | Heidi Biehl - Great Falls High | State Helena | 2006 |
| 11' 6" | Edralyn Harmon - Flathead (Kalispell) | W AA Div Helena | 2002 |
| 11' 6" | Sara Ludke - Helena Capital | W AA Div Missoula | 2009 |

High Jump

| | | | |
|--------|-----------------------------------|-------------------------|----------|
| 5' 11" | Pam Spencer - Great Falls | Dual Great Falls | 1974, 75 |
| 5' 9½" | Kari Sheperd - Helena | State Billings | 1983 |
| 5' 9" | Janet Claypool - Sheridan | W C Div Butte | 1993 |
| 5' 9" | Brenda Naber - Havre | Archie Roe Kalispell | 1992 |
| 5' 9" | Suzanne Krings - Helena Capital | Bozeman Dual in Bozeman | 1997 |
| 5' 8¾" | Holly Maloney - Butte | Helena Inv | 1984 |
| 5' 8" | Jana Olson - Flathead (Kalispell) | State Great Falls | 1987 |
| 5' 8" | Brenda Wilken - Broadview | Stillwater Billings | 1990 |
| 5' 8" | Tracy Elder - Libby | State Missoula | 1992 |
| 5' 8" | Skyla Sisco - Malta | 2B Dis Glasgow | 1993 |

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5' 8" Lexy Boshee - Glacier (Kalispell) State Butte 2011

Long Jump (Wind gauge readings were not reported for some of these performances)

| | | | |
|----------|---|--------------------------|------|
| 19' 6¼" | Vicky Sturn - Billings West | Billings Girls Inv. | 1975 |
| 19' 3¾" | Janice Anderson - Malta | Fort Benton Inv | 1978 |
| 18' 11¾" | Julie Leneger - Beaverhead Co. (Dillon) | State Billings | 2001 |
| 18' 11¼" | Lexie Miller - Flathead (Kalispell) | State Billings | 1979 |
| 18' 9½" | Sharrie Shelton - Flathead (Kalispell) | W AA Div Butte | 1978 |
| 18' 9¼" | Tami Mathewson - Butte | Skor/DeKam Inv Helena | 1988 |
| 18' 8½" | Dana Zimmerman - Colstrip | Top Ten Billings | 1998 |
| 18' 7½" | Mary Cote-Gardiner | Stillwater Inv. Billings | 2008 |
| 18' 7" | Lindsey Hall - Missoula Big Sky | W AA Div Missoula | 2009 |
| 18' 7" | Tess Brenneman - Flathead (Kalispell) | Archie Roe Kalispell | 2010 |
| 18' 6¾" | Denise Pidcock - Great Falls CMR | State Missoula | 1980 |

Triple Jump (Wind gauge readings were not reported for some of these performances)

| | | | |
|------------|-------------------------------------|--------------------|------|
| 40' ½" | Kellee Glaus - Whitehall | S B Div Colstrip | 2010 |
| 38' 3" | Kim Tivey - Missoula Big Sky | W AA Div Kalispell | 1985 |
| 37' 11" | Mel Lohman - Sidney | Miles City Inv | 1991 |
| 37' 10¾" | Kelsey Kirkpatrick - Ryegate | State Missoula | 2003 |
| 37' 8" | Kalindra McFadden - Belgrade | Cen A Div Havre | 2003 |
| 37' 7 1/2" | Kennedy Smith - Billings West | State Butte | 2011 |
| 37' 6" | Tanya Tesar - Columbia Falls | W A Div Polson | 1990 |
| 37' 5½" | Holly Maloney - Butte | State Billings | 1984 |
| 37' 5¼" | Traci Hammel - Billings West | State Bozeman | 1996 |
| 37' 5" | Dawn Allinger - Bozeman | State Missoula | 1986 |
| 37' 5" | Blythe Hommes - Manhattan Christian | W C Div Butte | 1993 |
| 37' 5" | Amber Ailins - Cut Bank | Havre Inv | 2005 |
| 37' 5" | Asia Graham - Missoula Sentinel | State Butte | 2007 |

Triple Jump (Out of State, Indoor, Wind-aided and Meet of Champions)

| | | | |
|------------|------------------------|------------------|------|
| 37' 10½" W | Sarah Dudley - Helena | State Billings | 1992 |
| 37' 7¼" W | Kasey Harwood - Polson | Top Ten Missoula | 2004 |

Shot Put

| | | | |
|---------|-------------------------------|------------------|------|
| 47' 6" | Kylee Zent - Bridger | State Missoula | 2004 |
| 47' 5½" | Meg Jones - Helena Capital | Butte Dueal Meet | 1983 |
| 46' 8½" | Larry Jo Christensen - Plains | 6B Dis Kalispell | 1993 |
| 46' 5" | Bree Fuqua - Polson | State Butte | 2000 |

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| | | | |
|---------|----------------------------------|-------------------------|------|
| 46' 4½" | Kelli Bruner - Billings West | Billings City Meet | 1988 |
| 46' 2" | Courtney Zappe - Billings West | Butte Triangular | 2006 |
| 46 1½" | Taylor McNally - Ennis | W C Divisional Missoula | 2010 |
| 45' 1½" | Andrea Batt - Frenchtown | Missoula Co. Inv | 2000 |
| 45' ½" | Laine Botchek - Missoula Big Sky | Missoula Co. Inv | 1999 |
| 44' 11" | Vasa Parsons - Missoula Hellgate | W AA Div Kalispell | 1988 |

Shot Put (Out of State, Indoor and Meet of Champions)

| | | | |
|--------|----------------------------|--------------------|------|
| 47' 6" | Meg Jones - Helena Capital | M of C Great Falls | 1983 |
|--------|----------------------------|--------------------|------|

Discus

| | | | |
|----------|---------------------------------------|----------------------------------|------|
| 169' 1" | Jessica Sharbono-Billings West | Great Falls Optimist | 2010 |
| 158' 2" | Meg Jones - Helena Capital | Butte Inv | 1983 |
| 156' 9" | Bree Fuqua - Polson | Missoula Inv | 2000 |
| 151' 8" | Andrea Batt - Frenchtown | W B Div Missoula | 2000 |
| 148' 6" | Taylor McNally - Ennis | Seeley-Swan Inv | 2010 |
| 148' 4" | Denise Fetsch - Billings West | Great Falls Inv | 1983 |
| 148' 0" | Kelli Bruner - Billings West | E AA Div Billings | 1988 |
| 147' 11" | Jen Allen - Billings Senior | CMR Dual - Great Falls | 1999 |
| 146' 9" | Debbie Holiday - Flathead (Kalispell) | State Missoula | 1978 |
| 145' 8" | Kylee Zent - Bridger | Harlowton/Park City Inv Billings | 2004 |

Old Javelin

| | | | |
|----------|-------------------------------------|--------------------|------|
| 175' 6" | Mary Osborne - Billings West | Dual Great Falls | 1979 |
| 172' 10" | Brooke Allen - Columbia Falls | W AA Div Missoula | 1986 |
| 163' 0" | Marti Leibenguth - Missoula Big Sky | State Billings | 1984 |
| 152' 0" | Natalie Brager - Missoula Hellgate | Dual Kalispell | 1993 |
| 151' 1" | Aimee Blossom - Great Falls CMR | Dual Great Falls | 1994 |
| 150' 7" | Andrea Batt - Frenchtown | State Butte | 2000 |
| 150' 3" | Kelly Pilcher - Missoula Big Sky | State Helena | 1988 |
| 150' 1" | Shawna Hanley - Butte Central | Helena Inv | 1982 |
| 150' 0" | Katie Rued - Froid | Hinsdale Inv | 1990 |
| 149' 9" | Diane Franklin - Hot Springs | State Billings | 1969 |
| 149' 9" | Kim Blakeslee - Missoula Sentinel | Missoula City Meet | 1988 |

Old Javelin (Out of State, Indoor and Meet of Champions)

| | | | |
|---------|------------------------------|--------------------|------|
| 152' 3" | Lee Dybdal - Great Falls CMR | M of C Great Falls | 1985 |
|---------|------------------------------|--------------------|------|

New IAAF Javelin (2002)

| | | | |
|---------|-----------------------------------|-------------------|------|
| 158' 5" | Marissa Tschida - Missoula Loyola | 7B Dis Missoula | 2007 |
| 155' 9" | Anne Brooke - Helena | Skor/DeKam Helena | 2006 |

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| | | | |
|---------|--|---------------------------------|------|
| 149' 2" | Hannah Warfield-Ruffatto - Sidney | Glendive Twilight Inv | 2002 |
| 149' 7" | Bekah Stoltz - Columbia Falls | ABC Polson | 2005 |
| 148' 6" | Kim Berg - Kremlin-Gilford | N C Div Great Falls | 2002 |
| 148' 4" | Kim Heinz - Florence | Tolman/Touchette Inv Frenchtown | 2003 |
| 143' 9" | Melinda Owen - Polson | State Missoula | 2003 |
| 143' 7" | Ally Wardell - Billings West | State Kalispell | 2009 |
| 142' 0" | Jenny Castro - Beaverhead Co. (Dillon) | State Missoula | 2003 |
| 141' 6" | Heather Schwartz - Lima | W C Div Missoula | 2003 |

400-Meter Relay

| | | | |
|--------|--|-------------------|------|
| 48.53 | Billings Senior | State Butte | 2011 |
| | Chloe Kanning, Danielle Aragon, Morgan Sulser, Brianna Eaton | | |
| 48.54* | **Great Falls CMR | State Billings | 1979 |
| | Judy Chesterfield, Paula Payne, Denise Pidcock, Suzanne Robitaille | | |
| 48.57 | Bozeman | State Butte | 2007 |
| | Emilee Grubb, Kaitlin Carey, Kelsey Ham, Leslie Saunders | | |
| 48.71 | Butte | State Butte | 2007 |
| | Jayne Zevkovich, Shani Sullivan, Ashley Kelly, Sarah McGree | | |
| 48.74* | **Billings West | State Missoula | 1976 |
| | Sally Stenehjem, Vicky Sturn, Chris Zentz, Carol Halland | | |
| 48.85 | Billings West | State Helena | 1994 |
| | Pat Crawford, Kasey Nemitz, Christi Kahler, Michelle Henderson | | |
| 48.88 | Bozeman | State Bozeman | 2005 |
| | Brittany Maines, Kelsey Ham, Julia Cooper, Leslie Saunders | | |
| 48.88 | Bozeman | State Helena | 2006 |
| | Emilee Grubb, Coriann Clark, Kelsey Ham, Leslie Saunders | | |
| 48.89 | Billings West | E AA Div Billings | 1982 |
| | Diane Arnold, Jennifer Wagner, Tracey O'Reilly, Patti Cullen | | |
| 49.02 | Flathead (Kalispell) | State Helena | 2003 |
| | Brittaney Beager, Cricket Johnson, Molly Burt, Krista Jimenez | | |

*Converted to Fully Automatic Time

**Established at English Distance

1600-Meter Relay

| | | | |
|---------|--|-------------|------|
| 3:52.46 | Bozeman | State Butte | 2002 |
| | Nichole Walker, Keshia Shabazz, Carlee Clark, Mandy Close | | |
| 3:53.58 | Billings West | State Butte | 2007 |
| | Jessica Leslie, Shannon Kernall, Callie Muri, Lauryn McKay | | |
| 3:53.62 | Bozeman | State Butte | 2007 |
| | Emilee Grub, Kaitlin Carey, Meagan Davis, Kelsey Ham | | |

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| | | | |
|----------|---|--------------------|------|
| 3:54.24 | Corvallis Lakyn Connors, Ayden Eickhoff, Paige Squire, Sadi Henderson | SW A Div Corvallis | 2011 |
| 3:55.91 | Flathead (Kalispell) Ashley Younkin, Jenea Lister, Nicolle Hall, Shannon Ross | State Butte | 2007 |
| 3:56.01 | Bozeman Nichole Walker, Lesley Baldus, Mandy Close, Carlee Clark | State Great Falls | 2001 |
| 3:56.44* | Great Falls CMR Paula Payne, Mary Korsmoe, Sara Robitaille, Denise Pidcock | State Butte | 1981 |
| 3:57.04 | Billings West Jessica Leslie, Callie Muri, Nicole Reitz, Lauryn McKay | State Helena | 2008 |
| 3:57.64 | Flathead (Kalispell) Brittaney Beager, Cricket Johnson, Molly Burt, Krista Jimenez | State Helena | 2003 |
| 3:58.15 | Bozeman Heidi Turner, Carly Drain, Megan Davis, Sonia Antar | State Great Falls | 2010 |

*Converted to Fully Automatic Time

▣ "ALL STATE" RECORDS

The MHSA has a policy of recognizing the official time for the purpose of State Records and does not use the Fully Automatic Timing conversion formula. Therefore, there can be two state records at the same time if the Hand Time is numerically faster than the FAT Time. Times in parenthesis are actual hand held times. Those times in hundredths are FAT times.

DISCONTINUED EVENTS

100-Yard Dash

| | | | |
|------|-------------------|-----------------------|------|
| 11.8 | JoAnn Westermeyer | Dawson Co. (Glendive) | 1969 |
| 11.2 | Exie Stetler | Missoula Hellgate | 1969 |
| 11.0 | Debbie Hileman | Whitefish | 1972 |
| 11.0 | Vicky Sturn | Billings West | 1975 |
| 11.0 | Shelly Patterson | Missoula Hellgate | 1978 |

**Discontinued following the 1980 Meet

50-Yard Low Hurdles

| | | | |
|-----|--------------|-------------------|------|
| 7.0 | Exie Stetler | Missoula Hellgate | 1969 |
|-----|--------------|-------------------|------|

**Discontinued following the 1980 Meet

80 Meter Low Hurdles

| | | | |
|------|------------|----------------------|------|
| 11.7 | Mary Lalum | Flathead (Kalispell) | 1969 |
|------|------------|----------------------|------|

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| | | | |
|------|---------------|----------------------|------|
| 11.7 | Natalie Mincy | Flathead (Kalispell) | 1970 |
|------|---------------|----------------------|------|

**Discontinued following the 1970 Meet

80 Yard Low Hurdles

| | | | |
|------|---------------|----------------------|------|
| 10.4 | Mary Lalum | Flathead (Kalispell) | 1971 |
| 10.2 | Terri Wheeler | Whitefish | 1972 |

**Discontinued following the 1979 Meet

100 Yard Low Hurdles

| | | | |
|------|------------|----------------------|------|
| 14.3 | Mary Lalum | Flathead (Kalispell) | 1971 |
|------|------------|----------------------|------|

**Discontinued following the 1973 Meet

110 Yard Low Hurdles

| | | | |
|------|-------------------|-------------------------|------|
| 14.9 | Cathy Bickerstaff | Billings West | 1974 |
| 14.6 | Robin Hutton | Custer Co. (Miles City) | 1975 |
| 14.4 | Debbie Winslow | Libby | 1976 |
| 14.1 | Debbie Winslow | Libby | 1977 |

**Discontinued following the 1980 Meet

*Shot Put (8 pounds)

| | | | |
|---------|-------------------|-----------------|------|
| 40' ½" | Diane Franklin | Hot Springs | 1969 |
| 41' 4" | Bonnie Williamson | Shelby | 1972 |
| 42' 2¾" | Lorna Griffin | Corvallis | 1974 |
| 42' 8" | Carol Halland | Billings West | 1976 |
| 47' 8" | Judi Kittson | Billings Senior | 1977 |

**Discontinued following the 1979 Meet

880 Medley Relay

| | | | |
|--------|--|--|------|
| 1:54.6 | Flathead (Kalispell) | | 1969 |
| | Patti Sullivan, Mary Lalum, Sheila Hensleigh, Mary Jam | | |
| 1:53.0 | Flathead (Kalispell) | | 1971 |
| | Wanda Norris, Shelly Cooper, Janice McCarthy, Patti Sullivan | | |
| 1:52.3 | Fergus (Lewistown) | | 1973 |
| | Janice Shaver, Laurie Barry, Susan Hedlum, Rhonda Trask | | |
| 1:51.4 | Billings West | | 1974 |
| | Vicky Sturn, Sally Perdew, Johanna Faust, Peggy Schroeder | | |
| 1:50.7 | Billings West | | 1976 |

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| | | |
|--------|--|------|
| 1:49.8 | Carol Halland, Johanna Faust, Rose Ferris, Tammy Schell Libby | 1978 |
| 1:49.0 | Margee Huber, Barb Chase, Pat Chapman, Leslie Winslow Great Falls CMR Judy Chesterfield, Paula Payne, Denise Pidcock, Suzanne Robitaille | 1979 |

**Discontinued following the 1979 Meet

Old Javelin

| | | | |
|---------|------------------|------------------|------|
| 149' 9" | Diane Franklin | Hot Springs | 1969 |
| 157' 9" | Mary Osborne | Billings West | 1978 |
| 158' 9" | Mary Osborne | Billings West | 1979 |
| 163' 0" | Marti Leibenguth | Missoula Big Sky | 1984 |
| 172' 0" | Brooke Allen | Columbia Falls | 1986 |

**Discontinued following the 2001 Meet

Record Performances at State Track and Field Meets by year as each record was progressively improved:

400 Meter Relay

| | | |
|-------|---|------|
| 51.1 | Flathead (Kalispell) Patti Sullivan, Mary Jam, Sheila Hensleigh, Joyce Olson | 1969 |
| 51.1 | Great Falls CMR Natalie Mincy, Ruth Turner, Linda Tobacco, Pam Lewis | 1970 |
| 49.9 | Whitefish Terri Wheeler, Vicki Hileman, Carol Hatfield, Debbie Hileman | 1972 |
| 49.1 | Billings West Cathy Bickerstaff, DeDe Korwald, Peggy Schroeder, Vicky Sturn | 1974 |
| 48.5 | Billings West Sally Stenehjem, Vicky Sturn, Chris Zentz, Carol Halland | 1976 |
| 48.3 | Great Falls CMR Judy Chesterfield, Paula Payne, Denise Pidcock, Suzanne Robitaille | 1979 |
| 48.53 | Billings Senior Chloe Kanning, Danielle Aragon, Morgan Sulser, Brianna Eaton | 2011 |

**This event started as the 440 Yard Relay and now is the 400 Metter Relay.

1600 Meter Relay

| | | |
|--------|-----------------|------|
| 3:59.2 | Great Falls CMR | 1980 |
|--------|-----------------|------|

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| | | |
|---------|---|------|
| 3:56.2 | Paula Payne, Lisa Taylor, Sara Robitaille, Denise Pidcock Great Falls CMR | 1981 |
| 3:56.01 | Paula Payne, Mary Korsmoe, Sara Robitaille, Denise Pidcock Bozeman | 2001 |
| 3:52.46 | Nichole Walker, Lesley Baldus, Mandy Close, Carlee Clark Bozeman Nicole Walker, Keshia Shabazz, Mandy Close, Carlee Clark | 2002 |

**This event started as the Mile Relay in 1980.

100 Meter Dash

| | | | |
|-------|-----------------|------------------|------|
| 12.51 | Paula Payne | Great Falls CMR | 1981 |
| 12.3 | Paula Good | Fort Benton | 1983 |
| 12.49 | Cristi Weyer | Great Falls | 1988 |
| 12.37 | Britney Rolston | Forsyth | 1989 |
| 12.36 | Christy Otte | Billings Central | 1994 |
| 12.24 | Stacey Rehbein | Sidney | 1998 |

**This event started in 1981.

200 Meter Dash

| | | | |
|------|------------------|----------------------|------|
| 26.5 | Sheila Hensleigh | Flathead (Kalispell) | 1969 |
| 26.5 | Janelle Herbst | Flathead (Kalispell) | 1969 |
| 26.2 | Sue Bronson | Havre | 1970 |
| 26.1 | Debbie Hileman | Whitefish | 1972 |
| 24.4 | Vicky Sturn | Billings West | 1975 |

**This event started as the 220 Yard Dash.

400 Meter Dash

| | | | |
|------|--------------|-------------|------|
| 62.0 | Sheri Muri | Laurel | 1969 |
| 60.0 | Judy Trickey | Seeley-Swan | 1972 |

This record lasted one day.

| | | | |
|-------|-----------------|------------------------|------|
| 59.2 | Rhonda Trask | Fergus Co. (Lewistown) | 1972 |
| 57.9 | Julie Brown | Billings Senior | 1973 |
| 56.8 | Sally Stenehjem | Billings West | 1976 |
| 56.8 | Judith Wildey | Hamilton | 1978 |
| 56.3 | Denise Pidcock | Great Falls CMR | 1980 |
| 56.33 | Angela Ostberg | Fairfield | 2001 |
| 55.99 | Loni Perkins | Conrad | 2002 |
| 54.62 | Loni Perkins | Conrad | 2003 |

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**This event started as the 440 Yard Dash.

800 Meter Run

| | | | |
|---------|-------------------|-------------------------|------|
| 2:28.7 | Patty McDonald | Anaconda Central | 1969 |
| 2:25.2 | Alice Brinkerhoff | Missoula Hellgate | 1970 |
| 2:20.2 | Becky Weinrich | Beaverhead Co. (Dillon) | 1972 |
| 2:11.0 | Julie Brown | Billings Senior | 1973 |
| 2:11.18 | Carlee Clark | Bozeman | 2002 |
| 2:11.10 | Carlee Clark | Bozeman | 2003 |

**This event started as the 880 Yard Run.

1600 Meter Run

| | | | |
|---------|------------------|---------------------------|------|
| 5:35.7 | Patty McDonald | Anaconda Central | 1969 |
| 5:30.5 | Gigi Braunberger | Flathead(Kalispell) | 1970 |
| 5:22.4 | Sheila Kennedy | Dawson Co. (Glendive) | 1971 |
| 5:17.2 | Holly Grayson | Flathead(Kalispell) | 1973 |
| 5:15.1 | Kathy Estes | Granite Co. (Philipsburg) | 1974 |
| 5:12.9 | Kathy Estes | Granite Co. (Philipsburg) | 1975 |
| 5:06.42 | Laurie Adams | Helena | 1976 |
| 5:02.9 | Laurie Holm | Missoula Sentinel | 1978 |
| 5:01.2 | Lori Krull | Libby | 1980 |
| 5:00.50 | Heidi Lane | Great Falls CMR | 2001 |
| 4:55.18 | Heidi Lane | Great Falls CMR | 2002 |

**This event started as the Mile Run.

3200 Meter Run

| | | | |
|----------|----------------|-------------------------|------|
| 10:50.3 | Laurie Holm | Missoula Sentinel | 1979 |
| 10:46.12 | Sabrina Monroe | Jefferson Co. (Boulder) | 1998 |
| 10:44.63 | Heidi Lane | Great Falls CMR | 2002 |
| 10:26.18 | Zoe Nelson | Flathead (Kalispell) | 2004 |

**This event started as the Two Mile Run in 1979.

High Hurdles

| | | | |
|-------|-------------------|-------------------|------|
| 14.69 | Paula Payne | Great Falls CMR | 1981 |
| 14.34 | Claudine Robinson | Missoula Hellgate | 1989 |

**This event started in 1981.

300 Meter Low Hurdles

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| | | | |
|-------|------------------|-----------------|------|
| 44.1 | Paula Payne | Great Falls CMR | 1980 |
| 43.54 | Paula Payne | Great Falls CMR | 1981 |
| 43.34 | Mariah Guilfoyle | Malta | 2000 |

**This event started in 1980.

Long Jump

| | | | |
|----------|-----------------|-------------------------|------|
| 17' 3" | Mary Lalum | Flathead (Kalispell) | 1969 |
| 17' 8" | Marsha Gullings | Great Falls | 1972 |
| 17' 8" | Terri Campbell | Ronan | 1974 |
| 17' 11¼" | Vicky Sturn | Billings West | 1975 |
| 18' 4¾" | Vicky Sturn | Billings West | 1976 |
| 18' 8½" | Sharrie Shelton | Flathead (Kalispell) | 1977 |
| 18' 8½" | Janice Anderson | Malta | 1978 |
| 18' 11¼" | Lexie Miller | Flathead (Kalispell) | 1979 |
| 18' 11¼" | Julie Leneger | Beaverhead Co. (Dillon) | 2001 |

Triple Jump

| | | | |
|---------|-------------------|----------|------|
| 37' 5½" | Holly Maloney | Butte | 1984 |
| 37' 6¼" | Kalindra McFadden | Belgrade | 2003 |

This record lasted one day.

| | | | |
|----------|--------------------|-----------|------|
| 37' 10¾" | Kelsey Kirkpatrick | Ryegate | 2003 |
| 39' 2" | Kellee Glaus | Whitehall | 2010 |

**This event started in 1984.

Pole Vault

| | | | |
|--------|-------------------|----------------|------|
| 10' 3" | Laura Daniel | Absarokee | 1995 |
| 10' 6" | Shannon Agee | Helena | 1996 |
| 10' 6" | Suzanne Krings | Helena Capital | 1996 |
| 11' 0" | Shannon Agee | Helena | 1997 |
| 11' 0" | Leila Ben-Youssef | Sidney | 1998 |

This record lasted one day.

| | | | |
|--------|--------------|--------|------|
| 13' 0" | Shannon Agee | Helena | 1998 |
|--------|--------------|--------|------|

*This event started in 1995.

High Jump

| | | | |
|--------|--------------------|----------------------|------|
| 5' 2" | Mary Lalum | Flathead (Kalispell) | 1969 |
| 5' 3" | Stephanie Mitchell | Billings Central | 1970 |
| 5' 6½" | Sue McMahon | Billings West | 1972 |
| 5' 7" | Pam Spencer | Great Falls | 1973 |

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| | | | |
|--------|---------------|-------------|------|
| 5' 8" | Pam Spencer | Great Falls | 1974 |
| 5' 9" | Pam Spencer | Great Falls | 1975 |
| 5' 9½" | Kari Shepherd | Helena | 1983 |

Discus

| | | | |
|----------|-----------------|----------------------|------|
| 115' 0" | Maria Patterson | Billings West | 1969 |
| 129' 4" | Rene Kesler | Billings West | 1970 |
| 131' 4" | Lori Lyford | Flathead (Kalispell) | 1972 |
| 131' 8½" | Jackie Degel | Billings Senior | 1976 |
| 135' 4" | Jackie Degel | Billings Senior | 1977 |
| 146' 9" | Debbie Holiday | Flathead (Kalispell) | 1978 |
| 149' 8" | Meg Jones | Helena Capital | 1983 |
| 154' 10" | Bree Fuqua | Polson | 1999 |

New IAAF Javelin

| | | | |
|---------|--|-----------------|------|
| 138' 6" | Hanna Warfield (This record lasted one day) | Sidney | 2002 |
| 140' 3" | Kim Berg | Kremlin-Gliford | 2002 |
| 143' 9" | Melinda Owen | Polson | 2003 |
| 149' 6" | Marissa Tschida | Missoula Loyola | 2005 |

***This Event started in 2002

Shot Put

| | | | |
|----------|------------------|-----------------|------|
| 41' 1" | Melanie Morrison | Billings Senior | 1980 |
| 41' 7¾" | Melanie Morrison | Billings Senior | 1981 |
| 44' 7" | Meg Jones | Helena Capital | 1982 |
| 45' 11¾" | Meg Jones | Helena Capital | 1983 |
| 46' 3¾" | Kelli Bruner | Billings West | 1988 |
| 46' 5" | Bree Fuqua | Polson | 2000 |
| 47' 6" | Kylee Zent | Bridger | 2004 |

**This event started in 1980.

The following is a listing of records set only at the State Track and Field Meets (since 1969).

Overall State Record Holders (Since 1969)

| | | | |
|-------|------|-----------------------------|------|
| 12.24 | 100m | Stacey Rehbein - Sidney | 1998 |
| *24.4 | 200m | Vicky Sturn - Billings West | 1975 |

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| | | | |
|----------|------------------|---|------|
| 54..62 | 400m | Loni Perkins - Conrad | 2003 |
| *2:11.0 | 800m | Julie Brown - Billings Senior | 1973 |
| 2:11.10 | 800m | Carlee Clark - Bozeman | 2003 |
| 4:55.18 | 1600m | Heidi Lane - Great Falls CMR | 2002 |
| 10:26.18 | 3200m | Zoe Nelson - Flathead (Kalispell) | 2004 |
| 14.34 | High Hurdles | Claudine Robinson - Missoula Hellgate | 1989 |
| 43.34 | Int Hurdles | Mariah Guilfoyle - Malta | 2000 |
| 47' 6" | Shot Put | Kylee Zent - Bridger | 2004 |
| 154' 10" | Discus | Bree Fuqua - Polson | 1999 |
| 172' 0" | Old Javelin | Brooke Allen - Columbia Falls | 1986 |
| 149' 6" | New IAAF Javelin | Marissa Tschida - Missoula Loyola | 2005 |
| 13' 0" | Pole Vault | Shannon Agee - Helena | 1998 |
| 18' 11¾" | Long Jump | Julie Leneger - Beaverhead Co. (Dillon) | 2001 |
| 18' 11¼" | Long Jump | Lexie Miller - Flathead (Kalispell) | 1979 |
| 39' 2" | Triple Jump | Kellee Glaus - Whitehall | 2010 |
| 5' 9½" | High Jump | Kari Shepherd - Helena | 1983 |
| *48.3 | 400 Relay | Judy Chesterfield - Great Falls CMR | 1979 |
| | | Suzanne Robitaille - Great Falls CMR | |
| | | Paula Payne - Great Falls CMR | |
| | | Denise Pidcock - Great Falls CMR | |
| 48.53 | 400 Relay | Chloe Kanning - Billings Senior | 2011 |
| | | Danielle Aragon - Billings Senior | |
| | | Morgan Sulser - Billings Senior | |
| | | Brianna Eaton - Billings Senior | |
| 3:52.46 | 1600 Relay | Nichole Walker - Bozeman | 2002 |
| | | Keshia Shabazz - Bozeman | |
| | | Mandy Close - Bozeman | |
| | | Carlee Clark - Bozeman | |

*Established at the English Distance

Class AA Record Holders (Since 1969)

| | | | |
|----------|-------|------------------------------------|------|
| 12.40 | 100m | Michelle Henderson - Billings West | 1992 |
| *24.4 | 200m | Vicky Sturn - Billings West | 1975 |
| *56.3 | 400m | Denise Pidcock - Great Falls CMR | 1980 |
| 56.54 | 400m | Carlee Clark - Bozeman | 2002 |
| 56.54 | 400m | Chantelle Grey - Missoula Sentinel | 2009 |
| *2:11.0 | 800m | Julie Brown - Billings Senior | 1975 |
| 2:11.10 | 800m | Carlee Clark - Bozeman | 2003 |
| 4:55.18 | 1600m | Heidi Lane - Great Falls CMR | 2002 |
| 10:26.18 | 3200m | Zoe Nelson - Flathead (Kalispell) | 2004 |

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| | | | |
|--------------------------------------|------------------|---------------------------------------|------|
| 14.34 | High Hurdles | Claudine Robinson - Missoula Hellgate | 1989 |
| 43.54 | Int Hurdles | Paula Payne - Great Falls CMR | 1981 |
| 46' 3 ³ / ₄ " | Shot Put | Kelli Bruner - Billings West | 1988 |
| 149' 8" | Discus | Meg Jones - Helena Capital | 1983 |
| 172' 0" | Old Javelin | Brooke Allen - Columbia Falls | 1986 |
| 143' 7" | New IAAF Javelin | Ally Wardell - Billings West | 2009 |
| 13' 0" | Pole Vault | Shannon Agee - Helena | 1998 |
| 18' 11 ¹ / ₄ " | Long Jump | Lexie Miller - Flathead (Kalispell) | 1979 |
| 37' 7 ¹ / ₂ " | Triple Jump | Kennedy Smith - Billings West | 2011 |
| 5' 9 ¹ / ₂ " | High Jump | Kari Shepherd - Helena | 1983 |
| *48.3 | 400 Relay | Judy Chesterfield - Great Falls CMR | 1979 |
| | | Suzanne Robitaille - Great Falls CMR | |
| | | Paula Payne - Great Falls CMR | |
| | | Denise Pidcock - Great Falls CMR | |
| 48.53 | 400 Relay | Chloe Kanning - Billings Senior | 2011 |
| | | Danielle Aragon - Billings Senior | |
| | | Morgan Sulser - Billings Senior | |
| | | Brianna Eaton - Billings Senior | |
| 3:52.46 | 1600 Relay | Nichole Walker - Bozeman | 2002 |
| | | Keshia Shabazz - Bozeman | |
| | | Mandy Close - Bozeman | |
| | | Carlee Clark - Bozeman | |

*Established at the English Distance

Class A Record Holders (Since 1969)

| | | | |
|--------------------------------------|------------------|---|------|
| 12.24 | 100m | Stacey Rehbein - Sidney | 1998 |
| 24.83 | 200m | Paige Squire - Corvallis | 2011 |
| *56.8 | 400m | Judith Wildey - Hamilton | 1978 |
| 56.91 | 400m | Sadi Henderson - Corvallis | 2011 |
| 2:13.00 | 800m | Kasey Harwood - Polson | 2003 |
| 5:05.78 | 1600 m | Kathleen Monaghan - Custer Co. (Miles City) | 1986 |
| 11:08.69 | 3200m | Darcee Gilbert - Belgrade | 1992 |
| 43.76 | Int. Hurdles | Paige Squire - Corvallis | 2011 |
| 14.47 | High Hurdles | Paige Squire - Corvallis | 2011 |
| 46' 5" | Shot Put | Bree Fuqua - Polson | 2000 |
| 154' 10" | Discus | Bree Fuqua - Polson | 1999 |
| 145' 7" | Old Javelin | Jenniver Gill - Hamilton | 1995 |
| 143' 9" | New IAAF Javelin | Melinda Owen - Polson | 2003 |
| 12' 4" | Pole Vault | Leila Ben-Youssef - Sidney | 2000 |
| 18' 11 ³ / ₄ " | Long Jump | Julie Leneger - Beaverhead Co. (Dillon) | 2001 |

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| | | | |
|---------|-------------|------------------------------------|------|
| 18' 8½" | Long Jump | Janice Anderson - Malta | 1978 |
| 37' 6¼" | Triple Jump | Kalindra McFadden - Belgrade | 2003 |
| 5' 8" | High Jump | Brenda Naber - Havre | 1990 |
| 5' 8" | High Jump | Tracy Elder - Libby | 1992 |
| 49.12 | 400 Relay | Julie Jonkowski - Billings Central | 1994 |
| | | Shannon Weeks - Billings Central | |
| | | Christa Racha - Billings Central | |
| | | Christy Otte - Billings Central | |
| 3:57.16 | 1600 Relay | Lakyn Connors - Corvallis | 2011 |
| | | Ayden Eickhoff - Corvallis | |
| | | Paige Squire - Corvallis | |
| | | Sadi Henderson - Corvallis | |

*Established at the English Distance

Class B Record Holders (Since 1969)

| | | | |
|----------|------------------|--|---------------|
| 12.3 | 100m | Paula Good - Fort Benton | 1983 |
| 12.32 | 100m | Jennifer Walter - Huntley Project | 2007 |
| 24.81 | 200m | Loni Perkins - Conrad | 2003 |
| 54.62 | 400m | Loni Perkins - Conrad | 2003 |
| 2:14.86 | 800m | Bobbi Knudsen - Malta | 2009 |
| 5:03.29 | 1600m | Sabrina Monroe - Jefferson Co. (Boulder) | 1997 |
| 10:46.12 | 3200m | Sabrina Monroe - Jefferson Co. (Boulder) | 1997 |
| 14.78 | High Hurdles | Mariah Guilfoyle - Malta | 2000 |
| 14.78 | High Hurdles | Emily Miller - Manhattan | 2002 |
| 43.34 | Int Hurdles | Mariah Guilfoyle - Malta | 2000 |
| 46' 2¼" | Shot Put | Larry Jo Christensen - Plains | 1993 |
| 137'10" | Discus | Larry Jo Christensen - Plains | 1993 |
| 150' 7" | Old Javelin | Andrea Batt - Frenchtown | 2000 |
| 149' 6" | New IAAF Javelin | Marissa Tschida-Missoula Loyola | 2005 |
| 11' 1" | Pole Vault | Alison Hixon - Missoula Loyola | 2005 |
| 18' ¼" | Long Jump | Willa Holder - Lincoln Co. (Eureka) | 1988 |
| 5'7" | High Jump | Skyla Sisco - Malta | 1991 and 1993 |
| 39' 2" | Triple Jump | Kellee Glaus - Whitehall | 2010 |
| 49.67 | 400 Relay | Deni Fitzpatrick - Cut Bank | 2010 |
| | | Brady Gray - Cut Bank | |
| | | Erika Karcher - Cut Bank | |
| | | Chelsey Schwindt - Cut Bank | |
| 4:03.26 | 1600 Relay | Kourtney Kemp - Plentywood | 1999 |
| | | Michaela Ryder - Plentywood | |
| | | Melissa Ryder - Plentywood | |

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Brandy Holtan - Plentywood

Class C Record Holders (Since 1972)

| | | | |
|----------|-----------------|--|------|
| 12.52 | 100m | Marny Adamson - Harlowton | 2000 |
| 25.76 | 200m | Kourtney Danreuther - Big Sandy | 2006 |
| 56.74 | 400m | Kourtney Danreuther - Big Sandy | 2007 |
| 2:15.56 | 800m | Kourtney Danreuther - Big Sandy | 2008 |
| 5:11.8 | 1600m | Marni Ryti - Terry | 1984 |
| 11:19.7 | 3200m | MacKenzie O'Dore - Joliet | 2010 |
| 14.8 | High Hurdles | Blythe Hommes - Manhattan Christian | 1993 |
| 14.92 | High Hurdles | Erin Jones - Harlowton | 1999 |
| 43.68 | Int Hurdles | Kourtney Danreuther - Big Sandy | 2006 |
| 47' 6" | Shot Put | Kylee Zent - Bridger | 2004 |
| 141' 3" | Discus | Kylee Zent - Bridger | 2003 |
| 140' 3" | NewIAAF Javelin | Kim Berg - Kremlin-Gilford | 2002 |
| 149' 9" | Javelin | Diane Franklin - Hot Springs | 1969 |
| 11' 0" | Pole Vault | Kari Wilson - Shields Valley | 1998 |
| 17' 7½" | Long Jump | Fran Peterson - Alberton | 1976 |
| 5' 7½" | High Jump | Michele Van Dyke - Chester | 2000 |
| 37' 10¾" | Triple Jump | Kelsey Kirkpatrick - Ryegate | 2003 |
| 50.18 | 400 Relay | Camilla Cok - Manhattan Christian | 2000 |
| | | Allison Flikkema - Manhattan Christian | |
| | | Sarah Weeda - Manhattan Christian | |
| | | Anne Venhuizen - Manhattan Christian | |
| 4:06.90 | 1600 Relay | Shauna Ray - Cascade | 1995 |
| | | Tina Hagan - Cascade | |
| | | Lori LeVeque - Cascade | |
| | | Violet Hastings - Cascade | |

COACHING

Most State Championships

All-Time

| | | | |
|----|-------------|-------------------------|------------------------------------|
| 12 | Joe McKay | Flathead (Kalispell) | 1977-79, 1988, 89, 1991-95, 98, 99 |
| 8 | John Polich | Custer Co. (Miles City) | 1976, 77, 80, 85, 86, 90, 96, 01 |
| 5 | Frank Gliko | Harlowton | 1975, 1977-80 |

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| | | | |
|---|--------------------|---------------|---------------------|
| 5 | Jacque Spaulding | Billings West | 1972, 1974-76, 1982 |
| 5 | Les Gordon | Seeley-Swan | 1981, 1983-86 |
| 5 | Michele Wrzesinski | Harlowton | 1998-02 |
| 5 | Don Samuelson | Belgrade | 2002,06-09 |
| 4 | Joan Rose | Cascade | 1969-71, 1976 |
| 4 | Richard Bachmeier | Arlee | 1977-80 |
| 4 | Steve Schwab | Bozeman | 2001, 03, 04, 07 |
| 4 | Roy Lachner | Big Sandy | 2006-09 |

Consecutive

| | | | |
|---|--------------------|----------------------|---------|
| 5 | Joe McKay | Flathead (Kalispell) | 1991-95 |
| 5 | Michele Wrzesinski | Harlowton | 1998-02 |
| 4 | Frank Gliko | Harlowton | 1977-80 |
| 4 | Richard Bachmeier | Arlee | 1977-80 |
| 4 | Les Gordon | Seeley-Swan | 1983-86 |
| 4 | Don Samuelson | Belgrade | 2006-09 |
| 4 | Roy Lackner | Big Sandy | 2006-09 |
| 3 | Neil Eliason | Flathead (Kalispell) | 1969-71 |
| 3 | Joan Rose | Cascade | 1969-71 |
| 3 | Jacque Spaulding | Billings West | 1974-76 |
| 3 | Joe McKay | Flathead (Kalispell) | 1977-79 |
| 3 | Rick Sparks | Butte Central | 1981-83 |
| 3 | Lyndon Conroy | Colstrip | 1996-98 |
| 3 | Tad Schye | Malta | 1998-00 |
| 3 | Dean Schmidt | Geraldine | 2003-05 |

(9 Coaches have two consecutive championships)