



## MHSA ATHLETES' HALL OF FAME

**Karen Deden (1987)**

**Sentinel High School**

Inducted 2001



Deden led the Spartans to the AA state championship in 1985 and a runner-up finish in 1986. Deden started every game for Missoula Sentinel during her four years and was the AA State Tourney MVP as a junior and senior. In volleyball, she earned State Tourney MVP awards and All-State three years. She led the Spartans to three straight AA volleyball championships. At the University of Washington, Deden started four straight seasons in basketball and helped lead the Huskies to the NCAA tournament all four years. She was selected the Freshman of the Year by the PAC-IO and was an All-PAC-IO and Kodak All-American selection from 1988-1991. She was named the MVP of the 1990 Mideast Regional of the NCAA tourney. Deden played professionally in Japan and France from 1991-95 and in the ABL from 1996-98.

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Energy



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