

2007-08 NFHS Football Rules Changes

- 1-2-3d NEW A 4-inch-wide broken restraining line shall be placed around the outside of the field, at least 2 yards from the sidelines and end lines, as an extension of the line limiting the team box area.
- 1-2-3k - NEW A line, 4 inches wide and a minimum of 24 inches in length, shall be centered in the field of play, three yards from each goal line.
- 1-5-1c4 Beginning in 2012, players of the visiting team shall wear white jerseys that have additional limitations as to how much color may be on its jerseys. Also, the home team has additional limitations as to how much white may be on its jerseys.
- 1-5-2 Beginning in 2008, forearm pads must have a securely attached label or stamp (NFHS/NCAA specifications) indicating compliance with test specifications on file with the Sporting Goods Manufacturers Association as of January 1, 1994.
- 2-16-2c - NEW A new definition has been added to define a flagrant foul.
- 2-20, 9-4-3i - NEW Helmet Contact -Illegal - is an act of initiating contact with the helmet against an opponent. Three revisions dealing with illegal helmet contact are an attempt by the rules committee to reorganize the existing rules and definitions by bringing them under one heading.
- 2-32-11 A passer is a player who throws a legal forward pass. He continues to be a passer until the legal forward pass ends or until he moves to participate in the play.
- 3-5-2a If the head coach has been disqualified, a "new" head coach may be designated for the purpose of requesting time-out (s).
- 8-2-2 When there is a foul by the opponent of the team scoring a touchdown, an enforcement option has been added. The offended team can accept the result of the play; choose to have the penalty enforced on the try; or choose to have the penalty enforcement on the free kick.
- 10-4-6, 10-4-7 NEW A new basic spot has been defined for plays where a fumble went from the end zone onto the playing field and then out of bounds.
- 6-, 8-, and 9-player - NEW The free blocking zone has been reduced to a zone that is a square area extending laterally 3 yards either side of the spot of the snap and 3 yards behind each line of scrimmage.

Editorial and Other Changes

1-2-3d; 1-3-5b, c, d; 1-5-1a NOTE; 1-5-1f1b; 1-5-2a, b; 1-5-3d; 1-5-3n; 1-6-2; 2-8; 2-12-1, 2; 2-27; 3-1 Table; 3-2-1, OVERTIME 3-2-1; 4-2-2 Exceptions 1; 4-2-2h; 4-2-3; 5-1-2a; 5-1-4, 6-1-5, 6; 6-2-3, 4, 5; 6-5-6a; 7-1-5; 7-5-8; 9-3-4; 9-5-1i; 9-6-3; 9-6-4a, d; 9-9-2; 10-2-2; Fundamentals II-2

Points of Emphasis

Blocking by Offense and Defense
Heat and Hydration
Player Equipment and Uniform Adornments
Sportsmanship